



## INFORMED CONSENT FOR WELLNESS SERVICES

Dear Patient:

Wellness services includes the use of many different types of bodywork and massage techniques. I use a variety of procedures and modalities to help improve your health. As with all forms of bodywork there are benefits and risks involved.

Since physical response to bodywork can vary widely from person to person, it is not always possible to accurately predict your response. There is also a risk that your treatment may cause pain or injury, or may aggravate previously existing conditions.

You have the right to ask what type of bodywork I am planning based on your history, diagnosis, symptoms and testing results. You may also discuss with me what the potential risks and benefits of a specific modality are. You have the right to decline any portion of this service at any time before or during your session.

Exercise is an integral part of most massage treatment plans. Exercise has inherent physical risks associated with it. If you have any questions regarding the type of exercise you are performing and any specific risks associated with your exercise, I will be glad to answer them.

I, acknowledge that my Wellness program has been explained to me and all of my questions have been answered to my satisfaction. I understand the risks associated with a Wellness Program as outlined to me, and I wish to proceed.

Patient Name : \_\_\_\_\_ Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_